



All participants are required to pay a Gymnastics BC annual insurance fee: \$45.00 & annual zone fees: \$5.00
Gymnastics BC Yearly Insurance runs September - August

REGISTRATION ONLINE OPENS: TUESDAY AUGUST 5TH, 2025 @ 7:00 AM

SESSION DATES

SEPTEMBER 8TH - DECEMBER 21ST, 2025 (15 WEEK SESSION)

** CLASSES WILL BE PAID IN FULL PER SESSION FEES

** We are closed on all Statutory Holidays
** **SEPTEMBER 30TH, OCTOBER 13, NOVEMBER 11TH

*** Please be advised: if minimum class size is not met, classes may be cancelled**

PRICE LIST DOES NOT INCLUDED GST

PRE-KINDER PROGRAMS FOR AGES 12M - 5 YRS

PARENT & TOT FOR AGES 12M +	MON	TUES	WED	THURS	FRI	SUN	COST
Parent & Tot (12m+) 30 Minutes gross motor movement class with circuits on various gymnastics equipment.							\$189.00/ Session
Parent & Tot (18m+) 30 Minutes gross motor movement class with circuits on various gymnastics equipment.				10:15 - 10:45am	10:15 - 10:45am		\$189.00/Session
Parent & Tot (18m+) 30 Minutes gross motor movement class with circuits on various gymnastics equipment.							\$189.00/Session

PRE-CANGYM PROGRAMS FOR AGES 3 YEARS	MON	TUES	WED	THURS	FRI	SUN	COST
Pre-cangym (3 Years) 45 Minutes gross motor movement class with circuits on various gymnastics equipment. The child MUST be ready to participate without parents.		10:15 - 11:00			12:15 - 1:00		\$267.75/ Session
Pre-cangym (3 Years) 45 Minutes gross motor movement class with circuits on various gymnastics equipment. The child MUST be ready to participate without parents.		11:15 - 12:00					\$267.75/ Session

PRE-CANGYM PROGRAMS FOR AGES 4 YEARS	MON	TUES	WED	THURS	FRI	SUN	COST
Pre-cangym (4 Years) 60 Minutes gross motor movement class with circuits on various gymnastics equipment. The child MUST be ready to participate without parents.			10:15 - 11:15		11:00 - 12:00pm	10:45 - 11:45	\$362.75 Session
Pre-cangym (4 Years) 60 Minutes gross motor movement class with circuits on various gymnastics equipment. The child MUST be ready to participate without parents.							\$362.75/ Session

DROP - IN	MON	TUES	WED	THURS	FRI	SUN	COST
ALL AGES							
HomeSchool							



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CANGYM PROGRAMS FOR AGES 5 - 12

BURGUNDY/ RED (Levels 1 - 2) For the beginner. Develop strength, flexibility, coordination, and balance on the bars, beam, floor, & vault.							
	MON	TUES	WED	THURS	FRI	SUN	COST
5-7 Years (1 hour class/week)	3:30 - 4:30pm					11:45 - 12:45	\$362.75/ Session
8 & UP Years (1 hour class/week)	3:30 - 4:30PM	3:30 - 4:30PM					\$362.75 / Session
TAN/BRONZE (Levels 3 - 4) The next step in the cangym program. Must have completed levels							
	MON	TUES	WED	THURS	FRI	SUN	COST
5-7 Years (1 hour class/week)	4:45 - 5:45pm					10:30 - 11:30	\$362.75 / Session
8 & UP (1 hour class/week)	3:15 - 4:15pm	4:45 - 5:45PM					\$362.75 / Session
PURPLE (Levels 5) Must have completed levels 1-4 before moving to this class.							
	MON	TUES	WED	THURS	FRI	SUN	COST
5-7 Years (1 hour class/week)		3:20 - 4:20PM					\$362.75 / Session
8 & UP (1 hour class/week)	4:20 - 5:20PM						\$362.75 / Session
PURPLE/BLUE (Levels 5 & 6) Must have completed levels 1-4 before moving to this class.							
	MON	TUES	WED	THURS	FRI	SUN	COST
5-7 Years (1 hour class/week)							\$362.75 / Session
8 & UP (1 hour class/week)							\$362.75/ Session
BLUE/ TURQUOISE 2X/WEEK (Levels 6 & 7) Must have completed levels 5 before moving to this class.							
	MON	TUES	WED	THURS	FRI	SUN	COST
8 & UP (1hour 15min class/ 2x / week)		4:30 - 6:00					\$535.50/ Session



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LIL NINJAS - is a beginner level to the ninja , which is inspired by gymnastics, martial arts, obstacle training and freestyle movement.	MON	TUES	WED	THURS	FRI	SUN	COST
LIL NINJA (3 - 5 YRS) (45 Minute class/week)				11:15 - 12:00			\$267.75 /Session
LIL NINJA (3 - 5 YRS) (45 Minute class/week)				12:15 - 1:00		12:00 - 12:45AM	\$267.75/ Session

NINJA TRAINING (Ages 5 - 12 Years) Children learn a combination of flips, rolls, jumps, kicks. Strength and agility are tested through obstacle courses and various training techniques.	MON	TUES	WED	THURS	FRI	SUN	COST
NINJA LEVEL 1 / 2 AGE 5-7 Years (1 hour class/week)				3:30 - 4:30pm			\$362.75/Session
NINJA LEVEL 1/2 AGE 7 & UP (1 hour class/week)				4:45 - 5:45pm			\$362.75/ Session
NINJA LEVEL 2 AGE 7 & UP (1 hour class/week)							\$362.75 / Session
NINJA LEVEL 2/3 AGE 7 & UP (1 hour class/2x week) MUST HAVE PASSED LEVEL 1							\$ / Session